|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Danske Veteranrekorder – Kapgang, Kvinder:** |  |  |  |  |
|  |  | (opdateret feb. 2016) |  |  |  |
| **Distance** |  |  |  |  |  |  |
| **Aldersgruppe** | **Tid** | **Navn** | **Årg.** | **Klub** | **Dato** | **Sted** |
|  |  |  |  |  |  |  |
| **3.000m-inde** |  |  |  |  |  |  |
| K30 | **14.16,0** | Karin Jensen | 1961 | Sdr. Omme IF | 24.02.91 | Århus |
| K35 | **17.03,3** | Nina Neyra | 1971 | Sparta | 07.03.09 | Skive |
| K40 | **18.08,36** | Liga Kleinberga | 1975 | Sdr. Omme IF | 27.02.16 | Skive |
| K45 | **18.37,0** | Ulla Kristiansen | 1960 | Sdr.Omme IF | 11.03.06 | Århus |
| K50 | **21.52,14** | Helle Jensen | 1963 | Ballerup AK | 27.02.16 | Skive |
| K55 | **20.24,8** |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Ulla Kristiansen  | 1960 | Sdr.Omme IF | 11.03.06 | Århus |

 | 1960 | Sdr. Omme IF | 15.03.15  | Odense |
|  |  |  |  |  |  |  |
| **3.000m bane** |  |  |  |  |  |  |
| K30 | **14.22,82** | Lene Cassidy | 1951 | GK Troja | 21.07.84 | Lyngby |
| K35 | **16.54,52** | Pia M Christensen | 1968 | GK Frem 2000 | 10.08.03 | Hvidovre |
| K40 | **16.53,93** | Gunhild Kristiansen | 1963 | Sdr.Omme IF | 10.08.03 | Hvidovre |
| K45 | **19.12,6** | Ulla Kristiansen | 1960 | Sdr.Omme IF | 10.06.06 | Herning |
| K50 | **20.22,8** | Ulla Kristiansen | 1960 | Sdr.Omme IF | 30.06.12  | Sdr. Omme |
| K55 | **22.27,1** | Birgit Thomsen | 1955 | Bov IF | 18.06.11 | Sdr. Omme |
|  |  |  |  |  |  |  |
| **5.000m bane** |  |  |  |  |  |  |
| K30 | **23.55,3** | Karin Jensen | 1961 | Sdr.Omme IF | 07.09.91 | Århus |
| K35 | **27.50,3** | Gunhild Kristiansen | 1963 | Sdr.Omme | 08.08.98 | Bagsværd |
| K40 | **31.47,9** | Dorte Hansson | 1961 | GK Frem 2000 | 03.08.03 | Odense |
| K45 | **30.29,4** | Karin M Thomsen | 1650 | Sdr.Omme IF | 09.09.95 | Århus |
| K50 | **vakant** |  |  |  |  |  |
|  |  |  |  |  |  |  |
| **10.000m bane** |  |  |  |  |  |  |
| K30 | **48.38,0** | Karin Jensen | 1961 | Sdr.Omme IF | 15.05.91 | Weert, HOL |
| K35 | **66.57,0** | Lene Cassidy | 1951 | Allerød GK | 11.04.87 | Tåstrup |
| K40 | **vakant** |  |  |  |  |  |
|  |  |  |  |  |  |  |
| **3km landevej** |  |  |  |  |  |  |
| K30 | **14.10** | Karin Jensen | 1961 | Sdr.Omme IF | 25.05.91 | Odense |
| K35 | **23.10** | Natalia Bartch | 1968 | Postens MF,Årh | 11.10.03 | Valby |
| K40 | **17.37** | Nina Neyra | 1971 | Sparta | 03.05.08 | Vallensbæk |
|  |  |  |  |  |  |  |
| **5km landevej** |  |  |  |  |  |  |
| K30 | **23.47** | Karin Jensen | 1961 | Sdr.Omme IF | 25.05.91 | Odense |
| K35 | **28.48** | Gunhild Kristiansen | 1963 | Sdr.Omme IF | 02.05.98 | Vallensbæk |
| K40 | **31.29** | Dorte Hansson | 1961 | GK Frem 2000  | 25.10.03 | Østerbro |
| K45 | **31.49** | Karin M Thomsen | 1950 | Sdr. Omme IF  | 10.09.95 | Harridslev |
| K50 | **vakant** |  |  |  |  |  |
| K55 | **vakant** |  |  |  |  |  |
| K60 | **vakant** |  |  |  |  |  |
| K65 | **39.44** | Ester Jensen | 1920 | AIF Phønix | 22.05.85 | Valby |
|  |  |  |  |  |  |  |
| **10km landevej** |  |  |  |  |  |  |
| K30 | **48.31** | Karin Jensen | 1961 | Sdr.Omme IF | 14.09.91 | Trosa, SWE |
| K35 | **64.35** | Pia M Christensen | 1968 | GK Frem 2000 | 03.05.03 | Vallensbæk |
| K40 | **67.44** | Dorte Hansson | 1961 | GK Frem 2000 | 03.05.03  | Vallensbæk |
| K45 | **vakant** |  |  |  |  |  |
|  |  |  |  |  |  |  |
| **15km landevej** |  |  |  |  |  |  |
| K30 | **1.20.32** | Karin Jensen | 1961 | Sdr.Omme IF | 06.10.91 | Sdr.Omme |
| K35 | **vakant** |  |  |  |  |  |
|  |  |  |  |  |  |  |
| **20km landevej** |  |  |  |  |  |  |
| K30 | **1.49.00** | Karin Jensen | 1961 | Sdr.Omme IF | 06.10.91 | Sdr.Omme |
| K35 | **vakant** |  |  |  |  |  |