## Norden

Friidrott

**IVNM**

10-12 Mars 2017

Storängshallen  
HUDDINGE

Nordic masters Championships – indoor

STORÄNGSHALLEN HUDDINGE SWEDEN 10-12 MARS 2017



**Välkommen till Nordiska Veteranmästerskap i friidrott, i Storängshallen i Huddinge som ligger 20 km söder om Stockholm. Viktkasting sker i Sätra Friidrottshall**

Welcome to the Nordic masters Championships – indoor in Storängshallen Huddinge 20 km south of Stockholm. Weight throw in Sätra Hall.

 [www.huddingeais.se](http://www.huddingeais.se)

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| **MÄN/**MEN**/*MIEHET*** | | | | **KVINNOR/**WOMEN**/*NAISET*** | | | |
| **Klass** Class ***Luokka*** | **Födelseår** Born year ***Syntymävuosi*** | **Klass** Class ***Luokka*** | **Födelseår** Born year ***Syntymävuosi*** | **Klass** Class ***Luokka*** | **Födelseår** Born year ***Syntymävuosi*** | **Klass** Class ***Luokka*** | **Födelseår** Born year ***Syntymävuos****i* |
| **M35** | 1978-1982 | **M65** | 1948-1952 | **K35** | 1978-1982 | **K65** | 1948-1952 |
| **M40** | 1973-1977- | **M70** | 1943-1947 | **K40** | 1973-1977- | **K70** | 1943-1947 |
| **M45** | 1968-1972 | **M75** | 1938-1942 | **K45** | 1968-1972 | **K75** | 1938-1942 |
| **M50** | 1963-1967 | **M80** | 1933-1937 | **K50** | 1963-1967 | **K80** | 1933-1937 |
| **M55** | 1958-1962 | **M85** | 1928-1932 | **K55** | 1958-1962 | **K85** | 1928-1932 |
| **M60** | 1953-1957 | **M90** | 1927- | **K60** | 1953-1957 | **K90** | 1927- |

***Daily program and estimated event periods.***

**Friday 10th March 2017**

|  |  |  |  |  |  |  |  |
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| **Time period** | **800 m** | **60 m** | **3000 m Walk** | **Triple Jump** | | **Shot Put** | |
| **16-17** | **Women** |  |  | **Women** | |  | |
| **16-18** | **Men** |  |  | **Men** | |  | |
| **18-19** |  | **Women** |  |  | |  | |
| **19-21** |  | **Men** |  |  | | **Women** | |
| **21-22** |  |  | **Women** |  | |  | |
| **21-22** |  |  | **Men** |  | |  | |
| **Saturday 11th March 2017** | | | | | | | | | | |
| **Time period** | **3000 m** | **200 m** | **4x200m** M/W35, 40, 50 etc | | **High Jump** | | **Long**  **Jump** | **Pole Vault** | **Weight**  **throw** Sätra Hall |
| **9-15** |  |  |  |  | |  | |  | **Men** |
| **9-13** |  |  |  |  | |  | | Men |  |
| **9-10** | **Women** |  |  |  | |  | |  |  |
| **10-11** | **Men** |  |  |  | |  | |  |  |
| **10-15** |  |  |  | **Men** | | **Women** | |  |  |
| **13-14** |  | **Women** |  |  | |  | |  |  |
| **14-15** |  | **Men** |  |  | |  | |  | **Women** |
| **16-18** |  |  | **Women** |  | |  | |  |  |
| **16-18** |  |  | **Men** |  | |  | |  |  |

**Sunday 12th March 2017**

|  |  |  |  |  |  |  |  |
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| **Tidsperiod** | **60 m Hurdles** | **400m** | **1500m,** | **High Jump** | **Pole Vault** | **Long Jump** | **Shot Put** |
| **9-16** |  |  |  |  |  |  | **Men** |
| **09-11** | **Women** |  |  |  |  |  |  |
| **09-12** | **Men** |  |  |  |  |  |  |
| **10-12** |  |  |  |  | **Women** |  |  |
| **11-16** |  |  |  |  |  | **Men** |  |
| **12-13** |  | **Women** |  |  |  |  |  |
| **12-15** |  |  |  |  |  |  |  |
| **13-15** |  | **Men** |  | **Women** |  |  |  |
| **15-16** |  |  | **Women** |  |  |  |  |
| **16-18** |  |  | **Men** |  |  |  |  |

|  |  |
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| **Entry Fee** | **EUR 40, including one event, then EUR 20 for each further event**  **National Teem Relay no fee**.  **After deadline: 100 Euros including one event and then100 EUR for each further event. Late entries can only be acceptes if is technically possible.** |
| **Hotell**  Suggestion | Scandic Hotell Kungens Kurva. Tel **08- 517 34 613 or mail:** [meeting.kungenskurva@scandichotels.com](mailto:meeting.kungenskurva@scandichotels.com) . Please note Huddinge AIS-46075100  Distance to Storängshallen with car ca 12 km. There is also a bus connecting from the hotel to the indoor Arena, Bus 710. see **www.sl.se** |
| **Suits** | The participants have to use the national team suits represented the country in question. |
| **Together party** | Saturday 11th March it will be a together party in Scandic Hotell, 25 Euro. See more information in our web www.huddingeais.se |
| **Information** | Huddinge AIS web page: [www.huddingeais.se](http://www.huddingeais.se) Mail: [tavling@huddingeais.se](mailto:tavling@huddingeais.se)  or Per Öhrland +4670 675 87 99 per.ohrland@hotmail.com |