Dear sports friends, dear team captains

For many athletes, July was still too early tob e a part oft he first virtual championship.

The preparation time was too short for some, winter was still in the southern hemisphere, in Europe it was too hot in many countries, many training grounds were still closed and there were hardly any competitions worldwide.

For these reasons, many athletes wanted us to offer another opportunity to set a new goal, to compete with their sports friends all over the world, already in autumn.

Let me tell you the fundamentals of the new opportunity, the new challenge:

right at the beginning the link to the registration:

https://wvmc.mastersrankings.com/registration/

You can translate the page into many languages if you change on the entry page <u>https://wvmc.mastersrankings.com/</u> in the first line on the far right "english" to your language.

The most important rules:

., ALL results from all competitions during the period 14. August to 18. October 2020 count

., if you register by September 21, there is an "early bird bonus" - 2 Euro per event

Registration deadline: Registration is possible until October 18 (from September 22nd 3 Euro per event)

., August 14 is the deadline for the age group of this competition series, we start from M/W 30 !

., if you change the age group during the competition you can start in both classes or only in one of the two categories

., again the 3 categories apply (details on the homepage of the competition)

KAT A Competition

KAT B training under competition conditions and

KAT C wherever you can perform your discipline safely

., best performance: You can have as many competitions in one discipline as you want during the competition period. Of course you will report your best performance.

., results must be posted online by LATEST 20 October.

., a preliminary final result will be available from October 23rd.

Some events have been added, among others: 60 meters, the mile, 5 km road race, marathon, standing jump, 3 km and 50 km race walk

RUNNING

60m, 100m, 200m, 400m, 800m, 1500m, 1 Mile, 3000m, 5000m / 5k, 10000m / 10k, 60m Hurdles, Sprint Hurdles (80,100,110), Long Hurdles (200, 300, 400), Steeplechase, Half and Full Marathon

JUMPING

High Jump, Pole Vault, Long Jump, Standing Long Jump and Triple Jump

THROWING

Shot Put, Discus, Hammer Throw, Javelin Throw, Weight Throw, Super Weight Throw and Throws Pentathlon

COMBINED EVENTS

Pentathlon, Decathlon, Heptathlon and Throws Pentathlon

RACE WALKING

3000m, 5000m, 10k, 20k and 50k

I hope you are able to participate yourself, please inform and motivate your sport friends to participate.

I wish you success with everything that is important to you !

With best thanks and sporty greetings

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